



BLENDER MAINTENANCE

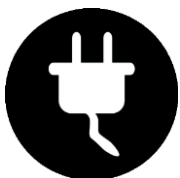
WARNING: Always unplug the product from the electrical outlet before assembling, disassembling, or cleaning it.

- If the product's motor does not run freely while blending ingredients, perform one or more of the following steps, as necessary:
 - a) Press the OFF Button and add water to the ingredients
 - b) Press the PULSE Button for a few minutes and the motor blends freely
 - c) Press the OFF Button, unplug the blender from the electrical outlet and use a rubber spatula to clear the sides of the blender jar and push the ingredients toward the Blades (rubber spatula not included).
 - d) Reduce the amount of ingredients inside of the blender jar
- Clean the product immediately after each use. Before cleaning and putting your hands and fingers inside of the blender jar, remove the blender jar from the motor housing and the plastic lid, blades and spin base from the plastic blender jar.
- Use a small toothbrush (not included) to remove particles of food lodged underneath the blades.
- Clean the exterior surface of the motor housing by wiping it with a soft, damp cloth.
- Do not use abrasive cleaners or scouring pads to clean the product.
- To clean the blender jar, add ¼ teaspoon of liquid soap to the blender jar and fill with warm water.

Place the blender jar on the motor housing and press the PULSE Button several times for a few seconds. Remove the blender jar from the motor housing and rinse the blender jar underneath running water.

CAUTION: Do not place the blender jar and the plastic lid into a dishwasher or extremely hot water.

- Dry all product parts thoroughly before storing.
- Store the product in a clean, dry place with the plastic lid removed from the blender jar.



ELECTRICAL REQUIREMENTS

Voltage	Frequency	Wattage
120 VAC	60 Hz	400 W

OVENTE®

Professional Multi-Speed Blender BLH1012 Series



Before using please read the instruction manual and keep it for future use.



IMPORTANT SAFEGUARDS

When using blender, basic safety precautions should always be followed, including the following:

Signal Word Definitions

DANGER – Indicates an imminently hazardous situation, which, if not avoided, will result in death or serious injury. Usage of this signal word is limited to the most extreme situations.

WARNING – Indicates a potentially hazardous situation, which, if not avoided, could result in death or serious injury.

CAUTION – Indicates a potentially hazardous situation, which, if not avoided, may result in minor/moderate injury or product/property damage. It also alerts against unsafe practices.



READ ALL INSTRUCTIONS BEFORE USE.



WARNING—To avoid the risk of electrical shock, always make sure the product is unplugged from the electrical outlet before assembling, disassembling, relocating, servicing, or cleaning it.



WARNING—To reduce the risk of fire, electric shock, or serious personal injury

- To protect against risk of electrical shock do not put cord, plug, or base in water or other liquid.
- Close supervision is necessary when any appliance is used by or near children. Unplug from outlet when not in use, before putting on or taking off parts, and before cleaning.
- Avoid contacting moving parts.
- Do not operate any appliance with a damaged cord/plug or after the appliance is dropped or damaged in any manner.
- Do not plug/unplug the product into/from the electrical outlet with a wet hand.
- The use of any attachments, including canning jars, not recommended by the manufacturer may cause a risk of injury to persons.
- When blending hot liquids, remove center piece of two-piece cover.
- Do not use outdoor or in a damp area.
- Do not let cord hang over edge of table or counter or touch hot surface including stove, oven, etc
- Keep hands and utensils away from moving blades while processing food to reduce the risk of severe injury to persons or damage to the food chopper. A scraper may be used but must be used only when the food chopper is not running (scraper not included).
- Blades are sharp. Handle carefully.
- Do not leave your blender unattended.
- Be certain cover is securely locked in place before operating appliance.

Chocolate Strawberry Splash Smoothie

Bottoms up! Enjoy a guilt-free indulgence that's delicious and nutritious.

- 1 cup skim milk
- ½ cup frozen strawberries
- ½ frozen banana
- 4 to 6 small ice cubes

Nutrient Information		Amount Per Serving
Calories		262
	Calories from Fat	13
Total Fat		1.5 g
	Saturated Fat	1 g
Cholesterol		45 mg
Total Carbohydrate		40 g
	Dietary Fiber	6 g
	Sugars	25 g
Protein		24 g
Calcium		737 mg
Sodium		310 mg
Potassium		759 mg

Mandarin Madness Smoothie

So smooth and packed with vitamins and nutrients, the Mandarin Madness Smoothie is a great way to start your day.

- ½ cup skim milk
- ½ cup orange juice
- ½ cup mandarins (canned, in own juice)
- 6 to 8 small ice cubes

Nutrient Information		Amount Per Serving
Calories		345
	Calories from Fat	
Total Fat		4 g
	Saturated Fat	2 g
Cholesterol		112 mg
Total Carbohydrate		33 g
	Dietary Fiber	6 g
	Sugars	18 g
Protein		45 g
Calcium		304 mg
Sodium		509 mg
Potassium		675 mg

Strawberry Sensation Smoothie

On the run? The Strawberry Sensation Smoothie is like breakfast in a glass.

- 1 cup frozen strawberries
- 1 cup lowfat strawberry yogurt
- 4 to 6 small ice cubes

Nutrient Information		Amount Per Serving
Calories		387
	Calories from Fat	36
Total Fat		4 g
	Saturated Fat	1.5 g
Cholesterol		15 mg
Total Carbohydrate		71 g
	Dietary Fiber	11 g
	Sugars	40 g
Protein		16 g
Calcium		725 mg
Sodium		382 mg
Potassium		832 mg

Cappuccino Strength Smoothie

Cappuccino Strength promises to jump start your day the right "whey"!

- 8 to 10 fl oz cold water
- 1 tsp instant coffee
- 4 to 6 small ice cubes

Nutrient Information		Amount Per Serving
Calories		275
	Calories from Fat	13.5
Total Fat		1.5 g
	Saturated Fat	0.5 g
Cholesterol		10 mg
Total Carbohydrate		10 g
	Dietary Fiber	0 g
	Sugars	4 g
Protein		56 g
Calcium		202 mg
Sodium		161 mg
Potassium		464 mg

Combine all ingredients and top with a tablespoon of sugar-free whipped topping.



RECIPES

Fruit Smoothie



If you do not have frozen fruit on hand, fresh fruit is an easy substitution.

Makes about 1 cup

½ cup orange juice (any juice alternative may be used)

1 cup frozen strawberries

1 small to medium banana, cut into 1-inch pieces

- Put all of the ingredients into the jar in the order listed. Select HIGH until smooth, about 45 seconds.
- Serve immediately.

Nutritional information per serving (1 cup): Calories 275 (4% from fat) • carb. 70g • sugar 51g • pro. 3g • fat 1g • sat. fat 0g • chol. 0mg • sod. 6mg • calc. 42mg • fiber 5g

- Do not put any stress on the power cord where it connects to the product, as the power cord could fray and break.
- If using an extension cord with this product, the marked electrical rating of the cord set must be at least as great as the electrical rating of the product.
- This appliance is intended for processing small quantities of food for immediate consumption. It is not intended to prepare large quantities of food at one time.
- Reduce the risk of injury, never place cutting blade on base without first putting bowl properly in place.
- Do not plug/unplug the product into/from the electrical outlet with a wet hand.
- Always unplug the product from the electrical outlet before relocating or cleaning it the blender.
- This appliance should not be used by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they are supervised by the person who is responsible for their safety.
- Do not attempt to defeat the cover interlock mechanism.
- This product is intended solely for indoor, non-commercial, non-industrial use in processing liquids and foods for human consumption; do not use the product outdoors or for any other purpose.
- Always operate the product with the blade assembled in place.
- Do not attempt to place or remove the jar on the while the motor is running.
- Disconnect the product from an electrical outlet, pull directly on the plug; do not pull on the power cord.
- Always operate the product on a flat, level, stable surface.
- Do not allow the power cord to hang, such as over the edge of a table or counter, where it may be tripped over or pulled.
- Do not run motor while Jar is empty.
- Correctly attach the blade assembly to the pitcher correctly before putting the pitcher onto the base. To reduce the risk of injury, never place cutter- assembly blades on the base without pitcher properly attached.
- After operating continuously for three minutes, wait at least one minute before operating the product again to help prevent the motor from overheating.

POLARIZED PLUG INFORMATION

WARNING:

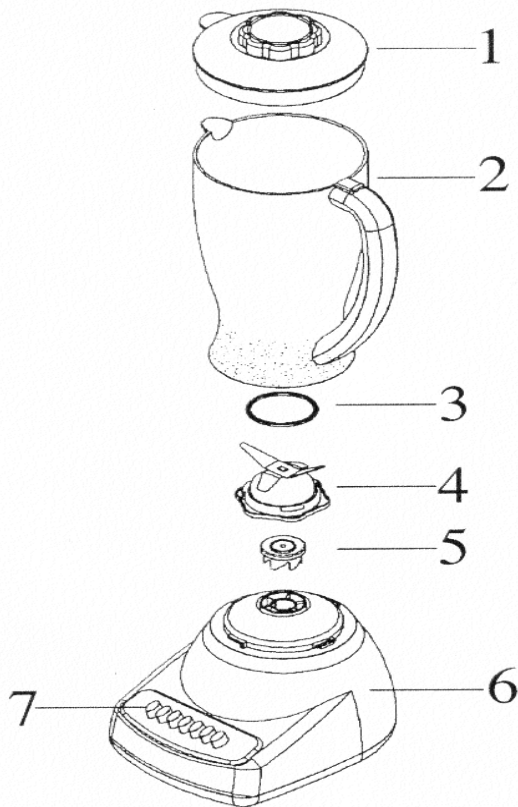
This product is equipped with a polarized plug (one blade is wider than the other blade) to reduce the risk of electrical shock. This is a safety feature. The plug will fit into a polarized outlet only one way. If you are unable to insert the plug into the electrical outlet, try reversing the plug. If the plug still does not fit, contact a qualified electrician. Never use the plug with an extension cord unless you can fully insert the plug into the extension cord. Do not alter the plug. Do not attempt to defeat the safety purpose of the polarized plug.



A short power supply cord is provided to reduce the risk of becoming entangled in or tripping over a longer cord. Extension cords are available and may be used if care is exercised in their use:

- The marked electrical rating must be at least as great as that of the product;
- If the product is of the grounding type, the extension cord must be a grounding-type 3-wire cord; arrange the longer cord so that it will not drape over a countertop or tabletop where it can be tripped over, snagged, or pulled on unintentionally (especially by children).

BLENDER PARTS



1. Plastic Lid with Feeding Hole
2. Jar
3. Plastic Ring
4. Blades and Spin Base
5. Motor Drive Coupling
6. Motor Housing
7. Speed Panel Control

ASSEMBLING THE BLENDER

WARNING: To avoid damage to the product or serious personal injury:

- Do not activate or plug the product into an electrical outlet until the product is completely assembled.
- The blades of the product are very sharp; handle with care.

1. Ensure the product is unplugged from the electrical outlet.
2. Place the motor housing on a flat, dry and stable surface.
3. Wash and dry the jar.
4. Ensure the plastic ring is attached around the spin base.
5. Insert the blades and spin base into the bottom of the jar and turn clockwise. (follow the arrows inscribed on the bottom of the spin base) until the plastic latches of the jar bottom and the spin base lock into place.
6. Place the jar onto the motor housing ensure the motor drive coupling and the fittings located on top of the motor housing are aligned.
7. Twist the jar counterclockwise until the plastic latches of the jar and the motor housing lock into place.

NOTE: Ensure the arrow below the Pitcher handle is aligned with the arrow below the plastic latch of the Motor Housing.

8. Place the plastic lid on top of the jar and secure it into position.

NOTE: The jar handle has a slide release mechanism to hold the plastic lid to the jar. Make sure the plastic lid is always securely in place on top of the jar before operating the product.

Apple Walnut Waffles Served with warm maple syrup, these waffles are a comforting fall treat.



USING THE BLENDER

1. Wash the ingredients you want to blend and cut them into pieces small enough to fit into the plastic lid feeding hole.
2. Once cleaned and cut, add the ingredients into the blender through the plastic lid feeding hole.

NOTE: *The jar has a six cup (48 oz. / 1.5 liter) capacity. Do not overload the jar with ingredients.*

3. After filling the jar with ingredients, secure the plastic lid with feeding hole into position. Plug the product into a standard 120-volt AC electrical outlet.
4. Push the desired blender speed button (e.g., CHOP, PUREE).

CAUTION: Never operate the product's motor for more than a few minutes at a time. Select and depress a blender speed button, allow the motor to cool for a few seconds; then press the blender speed button again until you achieve the desired results.

5. To turn off the product, press the "OFF" Button on the Speed Control Panel.
6. Unplug the product from the electrical outlet when finished blending ingredients, when the product is not in use, or if leaving it unattended.

CAUTION: Do not use the product for blending heavy foods or thick mixtures.

NOTE: *The PULSE Button can be used for more control during short processing jobs to run the blender motor at a high speed. When finished processing ingredients with the PULSE Button feature, release the PULSE Button to turn off the product.*

SPEED CHART

PULSE/OFF	Use for thick mixtures	LIQUEFY	Blend protein drinks
BLEND	Blend salsas		Liquefy frozen drinks; smoothies
	Prepare sauces	CHOP	Chop fruits and vegetables
	Remove lumps from gravy		Chop cooked meats
STIR	Reconstitute frozen juices, drink mixes and	ICE CRUSH	Crush ice and frozen food
	condensed soups	GRATE	Grate cheese
	Prepare salad dressings	CLEAN	Blend drop of dish washing liquid and water
	Blend puddings		to clean blender
	Puree liquids	HI/LOW	Select to change speed between Hi and Low
GRIND	Grind hard cheese, cooked meats and coconut		HI – the button is out
PUREE	Puree baby foods – fruits and vegetables		Low – the button is in